

## UMBC UGC Instructions for New Course Request Form (revised 2/2015)

**Course number & title:** Enter the number and title of the course at the top of the page. Contact the Registrar's Office to confirm that the desired course number is available.

**Date submitted:** The date that the form will be submitted to the UGC.

**Effective date:** The semester the new course is in effect, if approved.

**Contact information:** Provide the contact information of the Chair or UPD of the department or program housing the course. If the course is not housed in a department or program, then provide the same information for the head of the appropriate academic unit. (See UGC Procedures) If another faculty member should also be contacted for questions about the request and be notified about UGC actions on the request, include that person's contact information on the second line.

**Course number:** For cross-listed courses, provide all the numbers for the new course.

**Transcript title:** Limited to 30 characters, including spaces.

**Recommended Course Preparation:** *Please note that all 300 and 400 level courses should have either recommended course preparation(s) or prerequisite(s) and that 100 or 200 level courses may have them.*

Here fill in what previous course(s) a student should have taken to succeed in the course. These recommendations will NOT be enforced by the registration system. Please explain your choices in the "rationale" (discussed below).

**Prerequisite:** *Please note that all 300 and 400 level courses should have either recommended course preparation(s) or prerequisite(s)* Here fill in course(s) students need to have taken before they enroll in this course. These prerequisites will be enforced through the registration system. Please explain your choices in the "rationale" (discussed below).

**NOTE:** Please use the words "AND" and "OR", along with parentheses as appropriate, in the lists of prerequisites and recommended preparation so that the requirements specified will be interpreted unambiguously.

**NOTE:** Unless otherwise indicated, a prerequisite is assumed to be passed with a "D" or better.

**Maximum total credits:** This should be equal to the number of credits for courses that cannot be repeated for credit. For courses that may be repeated for credit, enter the maximum total number of credits a student can receive from this course. E.g., enter 6 credits for a 3 credit course that may be taken a second time for credit, but not for a third time. Please note that this does NOT refer to how many times a class may be retaken for a higher grade.

**Grading method(s):** Check all that apply.

**Proposed catalog description:** Provide the exact wording of the course description as it will appear in the next undergraduate catalog. Course proposals should be a) no longer than 75 words, b) stated in declarative sentences in language accessible to students, and c) avoid reference to specific details that may not always pertain (e.g., dates, events, etc.). Course descriptions should not repeat information about prerequisites (which are always listed alongside the course description)."

**Rationale:** Please explain the following:

- a) Why is there a need for this course at this time?
- b) How often is the course likely to be taught?
- c) How does this course fit into your department's curriculum?
- d) What primary student population will the course serve?
- e) Why is the course offered at the level (ie. 100, 200, 300, or 400 level) chosen?
- f) Explain the appropriateness of the recommended course preparation(s) and prerequisite(s).
- g) Explain the reasoning behind the P/F or regular grading method.
- h) Provide a justification for the repeatability of the course.

**Cross-listed courses:** Requests to create cross-listed courses must be accompanied by letters of support via email from all involved department chairs. Proposals for new courses or the addition of a cross-listing to an existing course must include as a part of the rationale the specific reason why cross-listing is appropriate. Email from all involved department chairs is also required when cross-listing is removed and when a cross-listed course is discontinued. Please note that Special Topics courses cannot be cross-listed.

**Course Outline:** Provide a syllabus with main topics and a weekly assignment schedule which includes complete citations for readings with page numbers as appropriate. Explain how students' knowledge and skills will be assessed.

*Note: the UGC form is a Microsoft Word form. You should be able to enter most of the information by tabbing through the fields. The document is protected. In the rare case that you need to unprotect the document, use the password 'ugcform'. Beware that you will lose all the data entered in the form's fields if you unlock and lock the document.*

## UMBC UGC New Course Request: PHED 173 Pickleball

Date Submitted: 9/27/17

Proposed Effective Date: Fall 2018

	Name	Email	Phone	Dept
Dept Chair or UPD	Thomas Maier	maier@umbc.edu	X55883	PHED
Other Contact	Gary Wohlstetter	wohlstet@umbc.edu	X52638	REC

### COURSE INFORMATION:

Course Number(s)	PHED 173 Section 01
Formal Title	Pickleball
Transcript Title (≤30c)	PHED 173 Pickleball
Recommended Course Preparation	None
Prerequisite <b>NOTE:</b> Unless otherwise indicated, a prerequisite is assumed to be passed with a "D" or better.	None
Credits	1.5
Repeatable?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Max. Total Credits	3.0 <small>This should be equal to the number of credits for courses that cannot be repeated for credit. For courses that may be repeated for credit, enter the maximum total number of credits a student can receive from this course. E.g., enter 6 credits for a 3 credit course that may be taken a second time for credit, but not for a third time. Please note that this does NOT refer to how many times a class may be retaken for a higher grade.</small>
Grading Method(s)	<input type="checkbox"/> Reg (A-F) <input type="checkbox"/> Audit <input checked="" type="checkbox"/> Pass-Fail

### PROPOSED CATALOG DESCRIPTION (no longer than 75 words):

**This course is 1.5 credit hours. The class will focus on developing basic skills and integrating them into game situations. The skills of ball control, forehand/backhand drive, drive/lob serve, forehand/backhand lob, smash and game strategies will be covered. Course is pass/fail.**

**RATIONALE FOR NEW COURSE:** This course is needed to give students additional opportunities for fulfillment of the UMBC physical education requirement. It is a lifetime activity which can be played by all age groups. Initially it will be taught once a year during the fall semester. The course will fit our team and individual sport curriculum. This offering will serve students wishing to enroll in a non-traditional individual sport. The course is offered at the 100 level as are all PHED classes. This course has no prerequisites as the majority of PHED offerings do not. All PHED courses are pass/fail. All PHED 100 level courses in the team sport category are repeatable.

## **ATTACH COURSE OUTLINE (mandatory):**

Pickleball PHED 173 Section 01

Credits: 1.5

**Course Description:** This course is designed to introduce the basic skills of the sport of pickleball, a game similar to tennis. Students will also be provided the opportunity to gain knowledge, enhance psychomotor skills and improve the cardiovascular system through hitting drills, mini and formal pickleball games.

### **Competencies/Objectives:**

Upon completion of this course the student should be able to:

1. Demonstrate knowledge of the specific skills, tactics, etiquette, rules, and culture necessary to successfully participate in pickleball (evaluated through drill work)
2. Demonstrate competency in the skills and /or tactics needed to successfully perform in pickleball
3. Demonstrate individual team play concepts and strategies in mini-game play.
4. Demonstrate knowledge of history rules, safety and performance techniques in the sport of pickleball.(knowledge test)
5. Demonstrate fitness level to fully participate in a game of pickleball
6. Enjoy social interaction during physical activity.

### **Evaluation:**

Attendance and class participation 80%.

Pickleball knowledge test 20 %

### **Required Equipment:**

Students must wear apparel appropriate for physical activity including sneakers

### **Course Format:**

Oral presentation, general & specific warm-up, review drills, daily topics,games, cool down and questions and answers.

### **Policies and Procedures:**

Attending class regularly and punctuality are expected and required. No more than two unexcused absences are allowed. Students are expected to be actively engaged in all class functions.

### **Medical Concerns:**

If a student has any medical problem or limitations that would affect their performance in class, they should notify the instructor of such at the beginning of the semester or when the situation arises. Any injury regardless of severity must be reported to the instructor.

### **Course Content:**

#### **Unit I**

Orientation, introduction, warm-up and skill level observation

The general & specific warm-up for pickleball. Introduce court boundaries and game protocols. Provide drills with emphasis on ball control. Students will be able to show ball control by balancing a pickleball on paddles for a pre-determined amount of time. Students will learn to control striking through drills with and without partners. Brief 10 minute games of pickleball to insure that students know basic rules of the game.

#### **Unit II**

Introduction to the forehand drive shot and the backhand drive. Individual drills using wall targets and partner drills to perfect controlled shots. Practice the forehand and backhand drive across the net. Increase the length of games.

#### **Unit III**

Basic game strategies and serving techniques for singles and doubles play. Positioning on the court after serves. Assessment of serving, forehand and backhand skills using a series of tests.

#### Unit IV

Introduction of the forehand lob and backhand lob as well as the smash shot. Assessment of all shots previously learned as well as game rules and strategies for single and doubles

#### Unit it V

Individual and partner match play using shortened games progressing to full length games.

#### Grading:

Pass/Fail

#### Text:

None. Handout on pickleball rules and strategies. History assignment (internet)