

LRC 105: ACADEMIC SUCCESS FOR LIFELONG LEARNING
Spring 2018 COURSE SYLLABUS

Instructor:

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Office Hours: By Appointment

Class Time/Location:

Monday/Wednesday – 10:00 am to 11:15 am
Sondheim – Room 208

Required Text: Downing, Skip – On Course: Strategies for Creating
Success in College and In Life, E-Book by Skip Downing

Acquire one notebook and one folder only for this class and bring it and something to write with every week for activities and in class writing.

Course Description:

This course is designed to help you create greater success in college and in life. In the coming weeks, you will learn many proven strategies for creating greater academic, professional, and personal success. We will use guided writings to explore these strategies and you will learn to express yourself more effectively in writing.

Learning Outcomes:

In this course you will be able to.....

1. **Take Charge of your life:** You will learn how to take greater personal responsibility, gaining more control over the outcomes and experiences that you create in college and in life.
2. **Increase self-motivation:** You will learn to create greater inner motivation by discovering your own personally meaningful goals and dreams
3. **Improve personal self-management.** You will learn numerous strategies for taking control of your time and energy to be more effective and efficient.

4. **Develop interdependence.** You will learn how to develop mutually supportive relationships with people who will help you achieve your goals and dreams as you assist them to achieve theirs.
5. **Increase self-awareness:** You will learn how to understand and revise your self-defeating patterns of behavior, thought, and emotion as well as your unconscious limiting beliefs. You will learn how to communicate more effectively both as speakers and listeners.
6. **Maximize your learning.** You will learn key research on how the brain learns. You will apply this knowledge to develop your own learning system, giving the keys to learning important course content in college as well as becoming a more effective lifelong learner.
7. **Develop emotional intelligence:** You will learn effective strategies for managing your emotional life, decreasing stress while increasing your inner sense of well-being.
8. **Bolster your self-esteem.** You will learn how to develop self-acceptance, self-confidence, self-respect, self-love, and unconditional self-worth.
9. **Write more effectively.** You will learn how to improve your writing skills through the extensive writing practice offered by your guided journal entries.
10. **Master effective time management tools.** You will learn tools to help you get practical and conquer your time traps.
11. **Improve your public speaking skills.** You will learn how to develop and deliver engaging arguments to an audience confidently..

Method:

By reading On Course (your book/e-book), you'll learn empowering strategies that have helped others create great success. By completing guided journals, you'll discover how to apply these success strategies to achieve your own goals and dreams. By participating in class activities and focused conversations, and by completing course projects, you will further improve your ability to stay on course to your success.

Academic Integrity

By enrolling in this course, each student assumes the responsibility of an active participant in UMBC's scholarly community in which everyone's academic work and behavior are held to the highest standards of honesty. Cheating, fabrication, and plagiarism, and helping others to commit these acts are all forms of academic dishonesty, and they are wrong. Academic misconduct could result in disciplinary action that may include, but not limited to, suspension or dismissal. To learn more, consult the Office of Undergraduate Education's Academic Integrity Resources at http://www.umbc.edu/undergrad_ed/ai/students.html. To read the full Student Conduct Policy, consult the UMBC Student Handbook: <http://www.umbc.edu/sip/articles/code.html>

Title IX/Sexual Misconduct

UMBC does not discriminate against students, faculty or staff based on sex in any of its programs or activities, including but not limited to educational programs, employment, and admission. Sexual harassment, including sexual violence, is a kind of sex discrimination and is prohibited by Title IX and the University. To learn more, read additional information at: <https://humanrelations.umbc.edu/sexual-misconduct/>

Attendance and Participation

Attendance, cooperation and active effort are essential for you to successfully complete this course. This course depends heavily on student participation; therefore, attendance and participation at each session is required with the exception of college excused absences or in the case of an emergency. Students will be penalized 5 pts for each unexcused absence. Excused absences include religious holidays, participation in university sponsored events or programs (with official written notification at least one week prior to missed class), and verified illnesses (accompanied by a physician's note).

Class Rules:

As noted earlier, attendance and cooperation are essential for the class to be successful. To help facilitate a successful class, cell phones are to be turned off or set to vibrate while in class. Laptops are only to be brought into class when notified by me. Class time is NOT the appropriate time to text message, talk on the phone, sleep, do homework for another class or instant Message people. In addition, profanity will not be tolerated in class or in papers/journals that you submit for a grade. The penalty for each offense will be solely at the instructor's discretion, which may include but not limited to receiving zero points for the assignment or expulsion from the class.

Course Rules for Success:

This course has three important rules that you have to follow to create the best environment for achieving success and to help support the success of your classmates.

1. Show up! Attend every scheduled class.
2. Do the work! Do your very best work and submit assignments on time.
3. Active participation! Stay focused and involved...it will support your success.

Course Assignments

			Course Grades
15 Success Journal Entries (10 points each)	150 points	A	414-465 points
15 Quizzes (5 points each)	75 points	B	368-413 points
Learning through Teaching Presentation	50 points	C	322-367 points
Cultural Bubble	10 points	D	276-321 points
Personal Philosophy Paper	40 points	F	<275 or below
10 Discussion Board Assign.	100 points	*a passing grade is C or higher	

Library Assignment	20 points
Advisement Confirmation	10 points
King Gimp Reflection Paper	10 points
Schedule	
TOTAL POSSIBLE POINTS	465

Two extra credit assignments will yield 20 points = To earn these extra points a one page reflection paper about the activity will be due after attending the event. I will provide this information later in the semester.

ALL JOURNALS ARE DUE IN BLACKBOARD, BY WEDNESDAY EVENING, 12 MIDNIGHT BY THE DATE INDICATED ON THE SYLLABUS. I WILL NOT ACCEPT HANDWRITTEN JOURNALS.

1. Success Journals (150) Possible Points

In your OnCourse textbook, you will respond to 15 journal prompts that will allow you to explore the success strategies presented in class and in your book. Each journal assignment will be awarded up to 10 points, based on the following criteria:

1. Competence of the entry (all steps in the directions have been responded to)
2. Standards of the entry (an obvious attempt has been made to gain personal value from the journal activity). Grammar and punctuations will not be factors in grading these journals; however, journal entries with derogatory or foul language will not be accepted.
3. Journal assignments must be typed in blackboard.
4. Late Journals will not be accepted (unless you have a documented excused absence).

Journals are labeled private in blackboard. Although, I will be reading your journal postings, write for yourself, not for me.

2. Quizzes (75 Possible Points)

This is a course for students who wish to be successful in college life. One of the most important factors of success in any endeavor is consistent and active participation. To encourage and reward your preparation for active participation, fifteen unannounced quizzes on the readings will be given. If you have read the assignment and completed your journal entries; you should have no trouble earning the maximum points (5 points) for each quiz. Quizzes cannot be made up.

**3. Information Seeking Project (Library Assignment) (20 points)
Public Speaking Assignment (February 12, 2018)**

In this assignment, you will be charged with writing about any topic of your choice. Maybe you've always wanted to explore astrology, motorcycles, a particular sport, or how to build something. This is your opportunity to seek information about any topic of interest to you, and you will give a presentation on your findings and turn in your paper. The paper must include a complete analysis of resources, bibliography and complete URLs for websites with date accessed. Three typed pages are due Monday, February 12, 2018

4. Cultural Bubble Assignment (10 Points)

DUE IN BLACKBOARD BY MONDAY, MARCH 12, 2018 MIDNIGHT

You will step out of your comfort zone and attend a lecture, a performance, participate in a sports activity, join a club, etc. Post your reflection on blackboard under the discussion link. Your post must be a minimum of 2 paragraphs about this experience by Monday, March 12 midnight. Respond to one of your classmate's post with a minimum of one paragraph. You must make a post and respond to a post to yield 10 points.

**5. Advising Session (10 Possible Points) Due by last day of class 5/14/2018
Schedule an appointment with your academic advisor for your preparation for the following semester. This will assist you with being one-step closer to your academic goals. Confirmation forms will be distributed during class.**

**6. Personal Philosophy of Success Essay (40 possible points) Due
Monday – April 30, 2018**

To culminate your learning for the semester, you will write an essay in which you present your own Personal Philosophy of Success. The purpose of your essay is to define the success strategies that you will use for years to come. This essay is your opportunity to write the script that will keep you on course to a personally fulfilling life! The minimum length of this essay is 3 typed pages (12 pt. Times New Roman font, double spaced, all margins: 1")

An "A" paper will....

1. Demonstrate the writer's careful consideration of three or more important success strategies.

2. Contain extensive support (examples, experiences, evidence, and/or explanation) for each strategy, and
3. Show a commitment to excellence in preparation, including professional appearance and a command of Standard English.

7. Learning Through Teaching/Presentation (50 Possible Points) Monday, May 7 and Wednesday May 9

You will be responsible for teaching a lesson from the book. You will be assigned a lesson plan and put in groups of three or four. You and your peers will teach the class what you've learned about this particular strategy. You will practice interdependence for this project.

PLEASE LET ME KNOW IF YOU NEED A LAPTOP FOR YOUR PRESENTATION

8. For Students with Disabilities

UMBC is committed to eliminating discriminatory obstacles that disadvantage students based on disability. Student Support Services (SSS) is the UMBC department designated to receive and maintain confidential files of disability-related documentation, certify eligibility for services, determine reasonable accommodations, develop with each student plans for the provision of such accommodations, and serve as a liaison between faculty members and students regarding disability-related issues. If you have a disability and want to request accommodations, contact SSS in the Math/Psych Bldg., room 213 or call 410-455-2459. SSS will require you to provide appropriate documentation of disability. If you require accommodations for this class, make an appointment to meet with me to discuss your SSS approved accommodations.

LRC 105 – Schedule of Assignments

01/29	Welcome/Introduction/ Student Info/ Ice-Breaker/ Syllabus Overview/Expectations What is Success? Inner/Outer	Purchas folder Read Chapter 1
01/31	Chapter 1: Getting <i>On Course</i> to Your <i>Success</i>	On Course Principles at Work Believing in Yourself: Develop Self-Acceptance Journal Entry 1 / Journal Entry 3 (Soft Skills Assessment)
02/05	Chapter 2: Accepting Personal Responsibility	Activity- The Wise Choice Process Case Study in Critical Thinking Journal 6 / Journal 7
02/07	Chapter 2: Accepting Personal Responsibility Library Visit = Meet in Library Rm. 259	Library Activity
02/12	Chapter 3: Discovering Self-Motivation	Creating Inner Motivation Journal 9 Discussion Board (10 pts)
02/14	Chapter 3: Discovering Self-Motivation King Gimp Movie	Design a compelling life plan Journal 10 Discussion Board (10 pts)
02/19	Chapter 4: Mastering Self-Management King Gimp Reflection Paper Due Time Management Presentation	Acting on Purpose Case in Critical Thinking Journal 13
02/21	Chapter 4: Mastering Self-Management	Develop Self-Discipline Journal 15 Discussion Board (10 pts)
02/26	Library Seeking Presentations	
02/28	Library Seeking Presentations Chapter 5 Employing Interdependence	Discussion Board (10 pts)

03/05	Chapter 5: Employing Interdependence Scavenger Hunt	Strengthen relationships with active listening Respect cultural differences Journal 17 and 18 Discussion Board (10 pts)
03/07	Career Services Presentation	
03/12	Chapter 7 Adopting Lifelong Learning	Discover preferred ways of learning Journal 26 Case Study in Critical Thinking Discussion Board (10 pts)
03/14	Chapter 7 Adopting Lifelong Learning	Activity/Presentation
03/19 and 3/21	<i>Spring Break</i>	
03/26	Chapter 8 : Developing Emotional Intelligence	Demonstrate emotional intelligence Effectively reduce stress Discussion Board (10 pts)
03/28	Chapter 8: Developing Emotional Intelligence	Create Flow Journal Entry 29 Discussion Board (10 pts)
04/2	Chapter 6: Gaining Self-Awareness	Recognizing when you are off Course Case Study in Critical Thinking. Journal Entry 21
04/4	Chapter 6: Gaining Self-Awareness	Rewrite your outdated scripts Discussion Board (10 pts.)
04/9	Stress Relief Presentation	Journal 22
04/11	Lecture: Navigating your Future	Small Group Discussions Discussion Board (10 pts)
04/16	Chapter 9: Staying On Course to Your Success	Gaining Self-Awareness Adopting Lifelong Learning Journal Entry 32 – Soft Skills Assessment and 33
04/18	Chapter 9: Staying On Course to Your Success Peer Review for Personal Philosophy Paper using Rubric	Developing Emotional Intelligence Believing in Yourself Success Teams Created

04/23	Creating a “Project Team”	<i>Discussing the Rubric and grading for Teamwork project. Roles in a Team</i>
04/25	Moving Forward into Success Teams In-Class - Work on project – Learning Through Teaching Personal Philosophy of Success Essay Paper Due	Roles in a Team
04/30	In class -work on Learning Through Teaching Project	Students will Discuss Grades with Instructor
05/02	Planning your next steps Study Skills and You	Study Groups – Study Tips for final Exams
05/07	In Class Teamwork FINAL PROJECTS PRESENTED LEARNING THROUGH TEACHING	Teamwork Project Presentations
05/09	In Class Teamwork FINAL PROJECTS PRESENTED LEARNING THROUGH TEACHING	Teamwork Project Presentations
05/14	Course Evaluations	
05/15	LAST DAY OF CLASS	

Note: March 19 thru March 23, 2018 Spring Break

I reserve the right to alter this syllabus according to the class needs. Expect visits from various campus professionals which may change the assigned lesson plan for that day. I will keep you abreast of any changes. Please check Black Board for any announcements.

