

## UMBC UGC New Course Request: AGNG 315: Health and the Aging Process

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Proposed Effective Date: Spring Semester 2021

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### COURSE INFORMATION:

Course Number(s)	AGNG 315
Formal Title	Health and the Aging Process
Transcript Title (≤30c)	Health and Aging
Recommended Course Preparation	AGNG 200
Prerequisite <b>NOTE:</b> Unless otherwise indicated, a prerequisite is assumed to be passed with a "D" or better.	None
# of Credits Must adhere to the <a href="#">UMBC Credit Hour Policy</a>	3 Credits
Repeatable for additional credit?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Max. Total Credits	3 credits
Grading Method(s)	<input checked="" type="checkbox"/> Reg (A-F) <input type="checkbox"/> Audit <input type="checkbox"/> Pass-Fail

### PROPOSED CATALOG DESCRIPTION (Approximately 75 words in length. Please use full sentences.):

This course provides an introduction to the biological processes of aging as a normal life experience. We will study multidisciplinary perspectives of the aging process; biological, psychological, social, and health care systems. This course will highlight optimal aging, the diversity of the older adult population and the aging process/experience of aging, and the plasticity of the aging process. Factors that serve to promote health aging and accelerate or decelerate the aging process will be identified.

### RATIONALE FOR NEW COURSE

a) Why is there a need for this course at this time?

While the Management of Aging Services Undergraduate Program currently offers two health focused courses AGNG 320: Strength-Based Approaches to Promoting Health and Wellness in the Aging Services and AGNG 355: The Experience of Dementia, AGNG 315: Health and the Aging Process will provide a broad overview of the normal aging process and physiological age-related changes. In addition, an introduction to chronic disease, acute illness and accidental injuries, functional health, health promotion, health-related quality of life, and social support systems in the context of an aging population will be explored. This content is not available in any of our

current AGNG courses and will be valuable to any of our MAgS students, or students in other disciplines, who are interested in pursuing health or wellness related careers in the field of aging.

b) How often is the course likely to be taught?

Once an academic year in the spring or fall semester. However, if there is a demand among the Management of Aging Services enrolled students, it may also be offered as a Summer Session course.

c) How does this course fit into your department's curriculum?

This course is consistent with the mission of the Erickson School of Aging Studies, that is, to prepare a community of leaders who will use their education to improve society by enhancing the lives of older adults and the goals of the undergraduate programs: to prepare students for entry level professional positions in management of aging services. This course will incorporate all the program goals within the curriculum. AGNG 315 will explore health from a biological, psychological, social, and policy perspective and will focus on the core principle of optimal aging. This course will provide an additional, upper level content elective for students enrolled in the Management of Aging Services Major or Minor. It is intended that this course will be available as an online or face to face course and the format will be selected dependent on the specific needs of the students at that time.

d) What primary student population will the course serve?

While this course will be primarily offered for upper level students enrolled in the Management of Aging Services Major or Minor and they will have priority, it will also be open to students in any other disciplines and may be an appropriate elective course for those in biological sciences and health related programs.

e) Why is the course offered at the level (ie. 100, 200, 300, or 400 level) chosen?

A 300 level designation for this course is appropriate with the level of content, assessments, and academic rigor required as outlined in the syllabus. This course will require learners to demonstrate upper level critical thinking skills of analysis, synthesis, and evaluation.

f) Explain the appropriateness of the recommended course preparation(s) and prerequisite(s).

While students in the Management of Aging Services Major or Minor will have completed AGNG 200 prior to taking this course and it will build upon their course of study, students not enrolled in Management of Aging Services programs could successfully complete this course without these courses. For those purposes and in order to ensure that students from other disciplines who wish to take AGNG 315 as an elective have access to this course, AGNG 200 is recommended rather required and enrollment will be assessed on an individual basis.

g) Explain the reasoning behind the P/F or regular grading method.

This course can be used as an elective for the Management of Aging Services Major and Minor and therefore will require the regular grading option.

h) Provide a justification for the repeatability of the course.

This course is not repeatable for additional credit as the course content will remain consistent.

**ATTACH COURSE SYLLABUS (mandatory):**

Course Syllabus attached.