

## UMBC UGC Program Changes & Other Request: Undergraduate Minor in Health, Wellness, and Aging.

Date Submitted: 10/8/20

Proposed Effective Date: Fall Semester 2021

	Name	Email	Phone	Dept
Dept Chair or UPD	Dr. Dana Burr Bradley	dbradley@umbc.edu	(443) 543-5647	ESAS
Other Contact	Dr. Louise Murray	lmmurray@umbc.edu	(443) 543-5644	ESAS

### Specifics (see instructions):

The Erickson School of Aging Studies proposes an 18-credit Undergraduate Minor concentration in Health, Wellness, and Aging. To complete the minor students will complete six (3-credit) courses. Four courses (12 credits) will be required courses and two courses (6 credits) will be selected from the list of approved electives below.

Required Courses (12 credits): AGNG 200, AGNG 315, AGNG 320, and AGNG 389

Elective Courses (6 credits): AGNG 355, AGNG 321, AFST 390, AFST 394, BIOL 251, BIOL 307, ECON 467, HAPP 100, HAPP 200, POLI 452, PSYC 306, PSYC 385, PSYC 441, SOCY 351.

All courses towards the minor must be completed with a grade of C or better.

### Rationale (see instructions):

The increasing U.S. population of those aged 65, both in numbers and proportion of the population, will significantly impact the structure, delivery, and challenges faced by the U.S. healthcare system (IOM, 2008). Nationally, employment in healthcare occupations is predicted to grow at a faster rate than all other occupational categories and to increase by 14% in the decade 2018 – 2028. This growth is largely driven by an aging population (U.S. Bureau of Labor Statistics, 2020).

In accordance with these trends, it is essential to adequately prepare those who serve older adults in health, wellness, and social care settings. It is imperative that this workforce have knowledge of health and wellness in relation to the aging process and of the unique opportunities and needs of this population. An Undergraduate Minor in Health, Wellness, and Aging will provide a non-clinical overview of this area of study that will compliment and supplement the academic knowledge gained in many Major programs of study available to UMBC's undergraduate students.

The interdisciplinary and multidisciplinary curriculum will allow for a more in-depth study of this area of interest for students in Major Programs. Additionally, UMBC offers pre-professional programs for students pursuing an academic and career path in the health care professions and these consist of Pre-Pharmacy, Pre-Nursing, Pre-Physical Therapy, Pre-Dental Hygiene, Pre-Physician Assistant, and Pre-Occupational Therapy. The curricula for these pre-professional programs include AGNG 200 as an elective and students pursuing these curriculum with an interest in working with older adults will also have the option to pursue this Minor in addition to their Major program of study.

**from:** Gloria Chuku <chuku@umbc.edu>  
**to:** Louise Murray <Immurray@umbc.edu>  
**date:** Sep 23, 2020, 12:04 PM  
**subject:** Re: Erickson School of Aging Studies Curriculum

Hi Dr. Murray,

Thank you for your email. I approve the inclusion of AFST 390 and AFST 394 as electives for your Management of Aging Studies - Minor in Health, Wellness, and Aging to be included in the proposal to the UGC. I welcome a meeting with you sometime during the semester.

Regards,  
Gloria

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Gloria Chuku, PhD  
Professor and Chair of Africana Studies  
Lipitz Professor of the Arts, Humanities, and Social Sciences, 2020-2021  
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**from:** Philip Farabaugh <farabaug@umbc.edu>  
**to:** Louise Murray <Immurray@umbc.edu>  
**date:** Sep 23, 2020, 3:43 PM  
**subject:** Re: Erickson School of Aging Studies Curriculum

Louise,

I am happy to have the two courses, BIOL 251 Human Anatomy & Physiology and BIOL 307 Human Physiology, included as electives in the new Management of Aging Studies Minor in Health, Wellness, & Aging. This would be a great minor for students in the BIOL BA program, which was designed for pre-professional (largely pre-medical and pre-dental) students. The major has fewer required credits than our research-oriented BIOL BS degree and the concept is that students will complete their 120 credits by exploring other disciplines or completing minors to give them a broader intellectual experience. We know that especially medical schools are more interested in students who have that kind of breadth. Your program meets this need particularly well by allowing students to complement their science training with a more humanistic study of health and wellness as it relates to aging.

Good luck with this program and feel free to contact me if you have any requests or questions about implementing the biology part of the minor.

Phil

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Philip Farabaugh  
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**from:** David Mitch <mitch@umbc.edu>  
**to:** Louise Murray <lmurray@umbc.edu>  
**date:** Sep 23, 2020, 3:54 PM  
**subject:** Re: Erickson School of Aging

Hi Louise: Thanks for reaching out. I definitely approve of Econ 467 being listed as an elective for the Managing of Aging Studies minor you mention.

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Best Regards,  
David

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David Mitch  
Professor of Economics and Chair  
Affiliate Professor, Asian Studies  
University of Maryland, Baltimore County  
email: mitch@umbc.edu

**from:** Sarah Chard <schard@umbc.edu>  
**to:** Louise Murray <lmurray@umbc.edu>  
**cc:** "Christine A. Mair" <christine\_mair@umbc.edu>, Katie Birger <cbirge1@umbc.edu>  
**date:** Oct 6, 2020, 7:59 AM  
**subject:** Re: SAPH electives

Hi Louise,

SAPH faculty voted in support of including three of our Department's courses in the minor in Health, Wellness, and Aging. The three courses are: HAPP 100, HAPP 200, and SOCY 351. The faculty felt that HAPP 100 and HAPP 200 do not have pre-reqs and would be the courses that are most accessible to students in the proposed minor. In the case of SOCY, the other proposed courses either are not routinely offered or are primarily for graduate students with only a limited number of seats available for undergraduates.

There was much enthusiasm regarding the proposed minor in our Department Council meeting. Faculty anticipate that many HAPP majors may be interested in the proposed minor and will be able to complete HAPP 100 and 200 to fulfill both the major and minor requirements.

Best,  
Sarah

**Carolyn Forestiere <forestie@umbc.edu>**  
**to: Louise Murray <lmurray@umbc.edu>**  
**date: Oct 6, 2020, 10:42 AM**  
**subject: Re: ESAS Curriculum**

Dear Louise,  
POLI is fine with you using POLI 452 as an elective for the new minor. Please be aware, however, that we don't offer the course very often.  
Thank you,  
Carolyn

Carolyn Forestiere, Ph.D.  
Professor and Chair  
Department of Political Science  
University of Maryland, Baltimore County

**Anne Brodsky <brodsky@umbc.edu>**  
**to: Louise Murray <lmurray@umbc.edu>**  
**cc: Laura Rose <laurose1@umbc.edu>, Eileen O'Brien <eobrien@umbc.edu>**  
**date: Oct 11, 2020, 3:57 PM**

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The Psychology Department is happy to have the following courses considered as part of your electives for the new minor in Health, Wellness and Aging. We believe this minor will be of interest to numerous students, including majors in Psychology.

PSYC 306: Lifespan Human Development	3 Credits
PSYC 385: Health Psychology	3 Credits
PSYC 441: Social/Health Psychology	3 Credits

Thank you for working with the PSYC Undergraduate Program Committee to make this sharing possible and productive for both of our units.

All the best,  
Anne

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