### UMBC UGC Instructions for Change in Existing Course Form (Revised 12/2020)

Date submitted: The date that the form will be submitted to the UGC.

Course number & title: Enter the current course number and title of the course at the top of the page.

**Cross-listed courses:** All cross-listed course numbers must be listed in the course number box. Requests to change cross-listed courses must accompanied by letters of support via email from all involved Department chairs. Proposals for the addition of a cross-listing to an existing course must include as a part of the rationale the specific reason why cross-listing is appropriate. Email from all involved department chairs is also required when cross-listing is removed and when a cross-listed course is discontinued. Please note that Special Topics cannot be cross-listed.

**Contact information:** Provide the contact information of the Chair or UPD of the department housing the course. If the course is not housed in a department or program, then provide the same information for the head of the appropriate academic unit. (See UGC Procedures.) If another faculty member should also be contacted for questions about the request and be notified about UGC actions on the request, include that person's contact information on the second line.

**Course information:** Provide all of the current information for this course. Check the "change" column for aspects of the course that will be changed by this proposal and provide the specific changes. Unchanged fields may be left blank under the "proposed" column. *Note: all 300- and 400-level courses must have prerequisites or recommended preparation.* 

**Course number:** For cross-listed courses, provide all the numbers for the course.

Transcript title: Limited to 30 characters, including spaces. Leave the current transcript title blank if this is not known.

Recommended Course Preparation: Please note that all 300 and 400 level courses should have either recommended course preparation(s) or prerequisite(s) and that 100 or 200 level courses may have them.

Here fill in what previous course(s) a student should have taken to succeed in the course. These recommendations will NOT be enforced by the registration system. Please explain your choices in the "rationale" (discussed below).

Prerequisite: Please note that all 300 and 400 level courses should have either recommended course preparation(s) or prerequisite(s) Here fill in course(s) students need to have taken before they enroll in this course. These prerequisites will be enforced through the registration system. Please explain your choices in the "rationale" (discussed below).

**NOTE:** Please use the words "AND" and "OR", along with parentheses as appropriate, in the lists of prerequisites and recommended preparation so that the requirements specified will be interpreted unambiguously.

NOTE: Unless otherwise indicated, a prerequisite is assumed to be passed with a "D" or better.

# of credits: To determine the appropriate number of credits to assign to a course please refer to the <u>UMBC Credit Hour Policy</u> which articulates the standards for assignment and application of credit hours to all courses and programs of study at UMBC regardless of degree level, teaching and learning formats, and mode of instruction.

**Maximum total credits:** This should be equal to the number of credits for courses that cannot be repeated for credit. For courses that may be repeated for credit, enter the maximum total number of credits a student can receive from this course. E.g., enter 6 credits for a 3 credit course that may be taken a second time for credit, but not for a third time. Please note that this does NOT refer to how many times a class may be retaken for a higher grade.

**Grading method(s):** Please review the <u>grading methods document</u> (this link can be found on the UGC forms page) before selecting a grading option. Please do not select all three grading options by default.

**Current catalog description:** Provide the course description as it appears in the current undergraduate catalog or since the last UGC-approved change.

**Proposed catalog description:** If this proposal involves a change in the course description, provide the exact wording of the course description as it will appear in the next undergraduate catalog. Course descriptions should be a) no longer than 75 words, b) stated in complete sentences, and c) avoid reference to specific details that may not always pertain (e.g., dates, events, etc.). Leave blank if this proposal does not change the course description. Course descriptions should not repeat information about prerequisites (which are always listed alongside the course description).

Rationale including a pedagogical justification to any changes in course level: Provide a brief explanation for the need for the proposed changes.

**Cross-listed courses:**Requests to change cross-listed courses must be accompanied by letters of support via email from all involved department

chairs. Proposals for the addition of a cross-listing to an existing course must include as a part of the rationale the specific reason why cross-listing is appropriate. Email from all involved department chairs is also required when cross-listing is removed and when a cross-listed course is discontinued. Please note that Special Topics cannot be cross-listed.

**Component:** This is the type of instruction the course will utilize. The options are as follows: Clinical, Discussion, Field Study, Independent Study, Laboratory, Lecture, Practicum, Seminar. Additionally, more than one component may be selected by the department. Please review the UMBC guidelines for components here: https://registrar.umbc.edu/course-component-and-credit-hour-guidelines/

**Departmental Consent:** Does this course require a student to have departmental approval noted in PeopleSoft prior to registering? If yes, please check the box. Departmental consent is a permanent addition to the course description. If the department would like consent to be administered by semester, or instructor do not check this box.

Note: the UGC form is a Microsoft Word form. You should be able to enter most of the information by tabbing through the fields. The document is protected. In the rare case that you need to unprotect the document, use the password 'ugcform'. Beware that you will lose all the data entered in the form's fields if you unlock and lock the document.

Note: Please use this link to the self-service PeopleSoft screens regarding current course information if needed: <a href="https://highpoint-prd.ps.umbc.edu/app/catalog/listCatalog">https://highpoint-prd.ps.umbc.edu/app/catalog/listCatalog</a>

# **UMBC UGC Change in Existing Course:** <u>AGNG 321: Strength-Based Approaches to Achieving Mental</u> Wellness in the Older Adult

Date Submitted: 1/22/21

|            | Name              | Email             | Phone      | Dept     |
|------------|-------------------|-------------------|------------|----------|
| Dept Chair | Dana Burr Bradley | bradleyd@umbc.edu | (443) 543- | Erickson |
| or UPD     | Dana Burr Brauley | bradicya@ambe.caa | 5647       | School   |
| Other      | Louise Murray     | lmmurray@umbc.edu | (443) 543- | Erickson |
| Contact    |                   |                   | 5644       | School   |

**COURSE INFORMATION:** (please provide all information in the "current" column, and only the information changing in the "proposed" column)

| Change |   | Current   | Proposed   |
|--------|---|---|--|
|        | Course Number(s) Include cross-listed courses           | AGNG 321  |  |
|        | Formal Title  | Strength-Based Approaches to<br>Achieving Mental Wellness in the<br>Older Adult |  |
| x□     | Transcript Title (≤30c)                                 | Strength-Based Approaches to<br>Achieving Mental Wellness in the<br>Older Adult | Wellness and Mental Health in Aging  |
| х□     | Recommended Course<br>Preparation                       |   | AGNG 200   |
| x□     | Prerequisite  | AGNG 320<br>ENGL 100  | Prerequisite must be passed with a grade of:  X□ A X□ B X□ C □ D  ENGL 100   |
|        | # of Credits Must adhere to the UMBC Credit Hour Policy | 3   |  |
|        | Repeatable?   | ☐ Yes X☐ No   | ☐ Yes ☐ No   |
|        | Max. Total Credits                                      | 3   | Max. Total Credits: This should be equal to the number of credits for courses that cannot be repeated for credit. For courses that may be repeated for credit, enter the maximum total number of credits a student can receive from this course. E.g., enter 6 credits for a 3 credit course that may be taken a second time for credit, but not for a third time. Please note that this does NOT refer to how many times a class may be retaken for a higher grade. |
|        | Grading Method(s)                                       | X☐ Reg (A-F) ☐ Audit ☐ Pass-Fail  | ☐ Reg (A-F) ☐ Audit ☐ Pass-Fail  |
|        | Topics Course   | ☐ Yes X☐ No   | ☐ Yes ☐ No   |

## **CURRENT CATALOG DESCRIPTION (required):**

The AGNG 321 course is intended for students who plan a career in the Aging Services field and are interested in leading innovation and change in their area of expertise. The course prepares students in creating strengthbased programs and services to achieve mental wellness using the older adult's existing skills, resources, and adaptive capacities. This course is a continuation of AGNG 320 which focuses on addressing age-related changes in physical health.

**PROPOSED CATALOG DESCRIPTION** (Approximately 75 words in length. Please use full sentences): Leave blank if no changes are being proposed to the catalog description. NOTE: information about prerequisites should NOT appear in the catalog description.

AGNG 321 is designed for students who are interested in leading innovation and change in mental health and wellness among the older adult population and from a lifespan perspective. This course provides a broad overview

of mental health and factors that impact mental health promotion and wellness in older adults. AGNG 321 prepares students in creating strength-based programs and services to achieve mental wellness using the older adult's existing skills, resources, and adaptive capacities.

#### **RATIONALE FOR CHANGE:**

The proposed changes for this course are to remove AGNG 320 as a pre-requisite/co-requisite for this course and to change the course description to reflect this, add AGNG 200 as a recommended but not required course preparation, and to shorten the transcript title in line with the 30 character format.

#### Rationale:

The transcript title was shortened to meet the 30 character limit format requirement.

While complimentary to each other, AGNG 320 and AGNG 321 are not sequential in their course content and curriculum and students do not need to have taken AGNG 320 to be successful in AGNG 321.

AGNG 200 provides an enhanced foundation for the upper level AGNG courses and provides a multidimensional and interdisciplinary approach to aging and focuses on the three pillars of the MAgS program: aging, management, and policy. While students who take this course could be successful without this foundational knowledge, AGNG 200 does provide a background to the course and is therefore a recommended course preparation.

As AGNG 321 has a WI GEP designation ENGL 100 remains a pre-requisite.

Required Information for Registrar's Office Implementation:

| Items below will be listed in the catalog, but do not require UGC approval. For future changes to these items, submit an RT ticket to the Registrar's Office. |   |  |   |  |  |
|---|---|--|---|--|--|
|   | Component   | ☐ Clinical ☐ Discussion ☐ Field Study ☐ Independent Study ☐ Laboratory X☐ Lecture ☐ Practicum ☐ Seminar ☐ Thesis Research ☐ Tutorial | ☐ Clinical ☐ Discussion ☐ Field Study ☐ Independent Study ☐ Laboratory ☐ Lecture ☐ Practicum ☐ Seminar ☐ Thesis Research ☐ Tutorial |  |  |
|   | Departmental Consent  | ☐ Yes X☐ No  | ☐ Yes ☐ No  |  |  |
| x□  | When Offered<br>(Fall, Winter, Spring,<br>Summer, Other*)<br>*If Other, please describe |  | Fall (Spring by demand)   |  |  |

Requested Effective Date (Please note that the final approval date will determine the earliest possible effective date):

Fall semester 2021

Under what APR is this course evaluated?

Erickson School of Aging Studies